

Marathon Chris' gear

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Well, I consulted with Nigel when I got started and picked up an iRiver IFP-780 from Amazon. It is no longer made, but got a new one for about \$50.

I have tried 2 different mics but to no avail - even the very same mic that Nigel uses with all the settings the same. Still, it continues to record with the built in mike. After losing two long runs, I resigned myself to just using the built in mic and upgrading to a new recorder later this year so I can use the external mic. When I run I bring along a pouch on my fuel belt where I stow the recorder when I am not recording. Otherwise I carry it around with me.

I also use Audacity to edit my files and like Jodi I use Podbean to host. At the time, Podshow, although free, was putting "commercials" on the podcasts. For \$20 a year (or something like that) I get plenty of room to host my show, and what you put there is what you get. I actually have gone out of my way to make my blogsite and podcast commercial and ad free. I figure we see way too much of that stuff anyway....I am not going to subject folks to it as well.

It is amazing what you can do with a simple DVR and a little software.
